Paolistas, Soldiers of the East Bank of the Plata.
These soldiers are represented at the door of a pulpería at Monte Video. One of them is taking matté […], the leaf and fine shoots of a Paraguayan shrub, dried and coarsely pulverized, from which a beverage is made by putting a small quantity into a cup, and pouring hot water on it. […] It is in use in every house all day long, and the compliment of the country is to hand the matté-cup to every visitor, the same cup and tube serving for all. (E. Essex Vidal, "Picturesque Illustrations of Buenos Ayres and Monte Video etc.", London: R. Ackermann, 1820, p. 107)
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